

OAKLAND UNIFIED SCHOOL DISTRICT
Division of College Readiness
Office of Coordinator of Oakland Athletic League

TO: Parents or Guardians of All Students Participating in Interscholastic Sports in the Oakland Unified School District **other than Football**

SUBJECT: MEDICAL EXAMINATION AND INSURANCE

All students participating in interscholastic sports under the supervision of the Oakland Unified School District are required to have a physical examination each year by a physician licensed to practice in California. It is necessary for you to have your student examined by a physician of your choice. Please fill in "Part A" of the Medical Examination Report for Athletic Participation and have your examining physician fill in "Part B". Return the completed form to your student's coach. If your student has participated in another sport this 2008-2009 school year and has a physical examination form on file in the school, the student need not be re-examined.

The Education Code of the State of California requires that a student (boy or girl) must have insurance in order to participate in, practice for, or perform duties in connection with any team or athletic event. The minimum insurance coverage must be \$5,000.00 for medical and hospital expenses resulting from accidental bodily injury.

A Student Accident Insurance policy is available should you not have the required coverage. This is an **excess coverage plan** that provides all of the benefits that are required by law. In addition it provides certain benefits that are not usually covered by many medical insurance plans, such as dental costs, emergency medical care, and ambulance service.

If you plan to purchase the Student Accident Insurance please have your student bring the envelope (stamped and ready to mail with your check inside) to the coach so that your purchase can be recorded and mailed. Please see to it that **two (2) Health Statement and Parent Consent** cards are completed by you and your physician. Have your student return **both** cards to the coach.

The law prohibits any student from practicing for or playing on any team or participating in any athletic event unless covered by the specified insurance and having a completed physical examination form on file. Therefore, it is suggested that you and your physician complete all of the appropriate forms and return them to your student's coach as soon as possible.

Best wishes to your student for a successful sports season.