

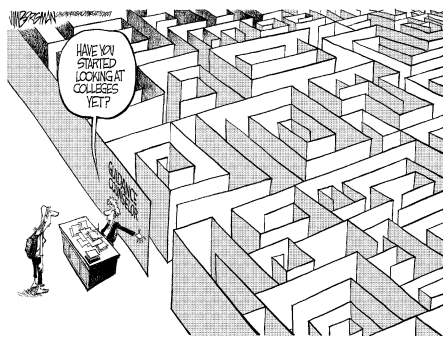
Getting In & Staying In:

The College Application Process

Oakland Technical High School
May 2, 2018

Rebecca Field, Ed. M.

Rebecca Field Consulting
rfield@rebeccafieldconsulting.com
(510) 826-7755



Are you ready?



■ Academically

- GPA and transcript trend
- College Prep Curriculum
 - 4 English
 - 3 Math (Algebra 1 & 2, Geometry), 4 recommended
 - 2 History/Social Science
 - 2 Lab Science, 3 recommended
 - 2 Foreign Lang., 3 recommended
 - 1 Visual/Performing Art

■ Executive Function

- Ability to plan
- Organization
- Self-Regulation
 - Sleep
 - Personal Hygiene
 - Medication
 - Food
 - Time Management
 - Financial Literacy

Know Your Options



- Community College
- CSU (CA State U.)
- UC (University of CA)
- Private Colleges
- Out of State Public
- International

Community College

- Priority transfer programs (UC/CSU, TAG)
- Possible sophomore transfer
- No SAT/ACT required
- Less expensive
- Minimal application process
- Some have dorms
- Take some GE (general education) but focus on major requirements once there



CSU & UC

- CSU (California State University)
 - Apply starting June 1 using calstate.edu/apply
 - No personal statement
 - 23 campuses, range of size and campus "feel"
 - Filing period October 1 - November 30
- UC (University of California)
 - Apply using www.ucop.edu
 - Choose 4 "questions" to answer
 - 9 campuses, range of size and campus "feel"
 - Filing period November 1 - November 30



Private Colleges

- Smaller class sizes
- Often boast of higher graduation rates
- Focus on the undergraduate, small class sizes
- Specific affiliation or sense of community
- Transfer options as early as sophomore year
- Apply with Common or Coalition Application
 - www.commonapp.org
 - www.coalitionforcollegeaccess.org
 - Apply as early as mid-October

Out of State Publics and International

- Each have their own application
- Some out of state public institutions use the Common Application or the Coalition Application
- Have variable due dates, some as early as October
- Some have rolling admission (opening as early as July)

Getting Started



Know the Application Process

- Transcript and high school profile
- SAT/ACT scores
- Extracurricular activities
- Letters of recommendation
- Personal Statement & school specific supplements
- Interviews/portfolio/audition/zecmee
- Mid-year report
- Application fee

Understand the Vocabulary

- Early Decision
 - Binding, can only apply to one
 - ED 1 and ED 2
 - Deadlines starting in October
 - Decision made by December
- Early Action
 - Non-binding, can apply to more than one
 - Deadlines starting in October
 - Unless EA Single Choice
 - Admission decision by December, must commit by May 1
- Regular Decision
 - Deadlines beginning in November
 - Admission decision by March, must commit by May 1
- Rolling Admission
 - Decisions made as applications come into the admissions office

Create a Timeline

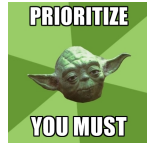
- Maintain grades and work on upward trends on your transcript
- Visit colleges, attend college fairs, contact with your representatives
- Get accommodations in place by the end of sophomore year
 - Have any neuropsych testing updated after age 16
 - Take SAT 2 tests along the way, especially for engineering
- Aim to complete all standardized testing by the end of junior year
- Understand the requirements at your high school
 - High School Profile/Senior Questionnaire/Naviance requirements
- Write personal statement over the summer after junior year
- Decide whether to disclose any learning differences
- Complete the process by Thanksgiving

Freshman & Sophomore Years

- **Freshman**
 - ❑ Get good grades
 - ❑ Get involved
 - ❑ Rigor
 - ❑ Explore Interests
 - ❑ Self-Advocate
 - ❑ Develop study skills
 - ❑ Take SAT 2s
- **Sophomore**
 - ❑ More rigor
 - ❑ Grow involvement
 - ❑ Visit colleges
 - ❑ Get accommodations
 - ❑ Attend fairs
 - ❑ Plan summers
 - ❑ Time management
 - ❑ Create resume
 - ❑ Take SAT 2s

Junior Year

- **Junior**
 - ❑ Create college email
 - ❑ Take ACT/SAT/SAT 2
 - ❑ Visit colleges
 - ❑ More rigor
 - ❑ Build leadership
 - ❑ Plan summer
 - ❑ Recommendations
 - ❑ Update resume
- **Summer after**
 - ❑ Write statement
 - ❑ Remediate any classes
 - ❑ Begin applications 8/1
 - ❑ Leadership
 - ❑ Meaningful summer





"I want to show my colleges I'm well-rounded, so I wrote a poem in Spanish about how chess club has made me a better quarterback."

Senior Year

- Grades count
- Know your deadlines
- Finalize recommendations
- Complete personal statement
- Finalize supplemental writing
- Complete applications and submit
- Check emails regularly and keep track of passwords
- Apply for financial aid, 10/1
 - FAFSA
 - CSS Profile

Decisions



Important Questions to Ask

- What supports are available on campus?
- How can students access these supports?
- When is outside help a good idea?

Typical Supports on Campus

- Writing Center, Math Lab
- Professor and/or TA office hours
- Resident Advisors
- Learning Communities
- Mental health support
- Prescriptions and medical care
- Learning supports (for documented LD)
 - Extended time on tests, priority registration, testing in a distraction free environment, assistive technology

Get Outside Help if Needed

College Success & Retention Coaching can provide a bridge to independence for those students who have gotten into college, want to be successful there, and need additional personalized support.



Stay in Successfully



Contact Information

Rebecca Field Consulting
www.rebeccafieldconsulting.com
rfield@rebeccafieldconsulting.com
(510) 816-7755
